



# Partial Splenectomy for Inflammatory Pseudotumor of the Spleen: A Case Report

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## ÖZET

*Dalağın inflamatuvar psödotümöründe parsiyel splenektomi: Olgu sunumu*

Bu çalışmada dalakta kitle nedeni ile kısmi splenektomi operasyonu yaptığımız 46 yaşındaki erkek bir olguyu sunuyoruz. Olguda dalaktaki kitle rutin muayene sırasında bulundu. Bu lezyonun kesin tanısı ameliyat öncesi yapılamadı. İntraoperatif patolojik frozen inceleme ile dalak inflamatuvar psödotümörü tanısı ortaya çıktı. Kısmi splenektomi operasyonu yapıldı. Ameliyat sonrası dönemi sorunsuz geçti. İnflamatuvar Psödotümör, benign, reaktif ve inflamatuvar bir süreçtir. Dalak korunması, daha iyi bir immünolojik sonuç amacı ile iyi huylu lezyonlar için amaçlanmıştır. Sonuç olarak, kısmi splenektomi operasyonu uygun bir cerrahi tedavi yöntemi olarak kabul edilebilir.

**Anahtar kelimeler:** Psödotümör, dalak, splenektomi

## ABSTRACT

*Partial splenectomy for inflammatory pseudotumor of the spleen: a case report*

We present a case of a 46-year-old man who underwent partial splenectomy operation for splenic mass. Splenic mass was found during routine examination. Definitive diagnosis of this lesion couldn't be made before operation. Intraoperative frozen section pathological examination revealed diagnosis of inflammatory pseudotumor of the spleen. Partial splenectomy operation was performed. Postoperative course was uneventful. Inflammatory pseudotumor is a benign, reactive, and inflammatory process. Preservation of the spleen is purposed for benign lesions to have a better immunological outcome. In conclusion, partial splenectomy operation can be considered as a suitable method of surgical treatment.

**Key words:** Pseudotumor, spleen, splenectomy

Bakırköy Tıp Dergisi 2014;10:78-81

## INTRODUCTION

Splenic tumors are relatively uncommon and difficult to diagnose before surgery. They are mostly detected during imaging studies. Inflammatory pseudotumors (IPs) present as masses at various locations, including spleen (1). Definitive diagnosis of these lesions may not always be made preoperatively (2). In this report, we present a

46-year-old man with IP of the spleen, misdiagnosed preoperatively as malignant splenic mass.

## CASE REPORT

A 46-year-old man admitted with a 3 month history of weight loss and excessive sweating. Past medical history included hypertension, hiperlipidemia and diabetes mellitus. He had no history of abdominal surgery, trauma or alcohol abuse. On physical examination, splenomegaly was found. Laboratory findings were unremarkable. Endoscopic studies were normal. Abdominal ultrasound showed a well-defined hypoechoic mass measuring 75x80 mm in the spleen. Computed tomography scanning revealed a

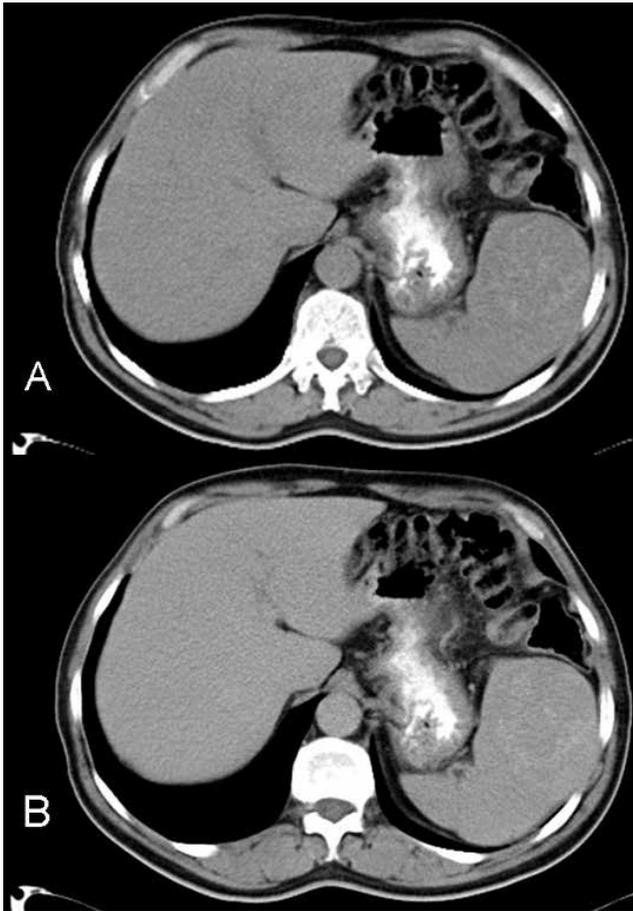
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Geliş tarihi / Date of receipt: 12 Ekim 2011 / October 12, 2011

Kabul tarihi / Date of acceptance: 15 Şubat 2012 / February 15, 2012



**Figure 1:** Unenhanced computed tomography scans (A) revealing a heterogeneous intrasplenic area with indistinct margins and mottled densities. Following intravenous contrast injection (B) a slight peripheral enhancement was noted.

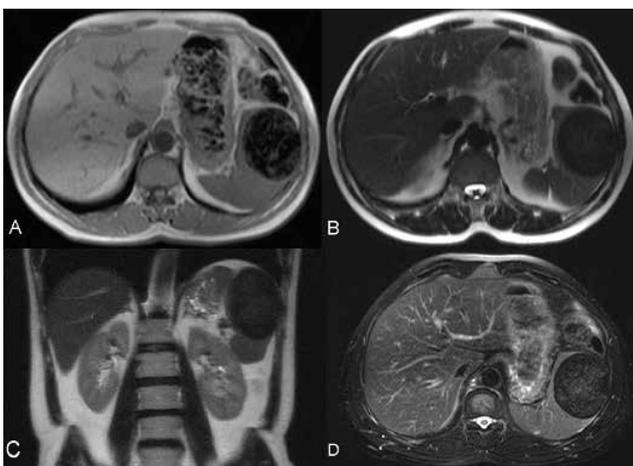
heterogeneous area with indistinct margins in the spleen (Figure 1). The lesion caused a slight bulging in the splenic contour and contained mottled densities. After intravenous administration of contrast material a slight peripheral enhancement was noted. Magnetic resonance imaging demonstrated a sharply demarcated, hypointense mass, measuring 80x70 mm within the spleen (Figure 2). On T1- and T2-weighted images, the mass was heterogeneous, predominantly hypointense compared to the normal splenic parenchyma. No lymph node abnormality was detected by imaging studies. Under clinical preliminary diagnosis of malignant splenic mass such as lymphoma, surgery was performed. Splenic mass was not adherent or invaded to any surrounding organs. Partial splenectomy was performed. Intraoperative frozen section examination revealed IP and operation was terminated. Histopathology of the lesion was relatively well demarcated fibrosis like tissue with diffuse proliferation of spindle-shaped fibroblasts and local infiltration of inflammatory cells, mainly plasma cells, and with partial hyalinization and deposition of hemosiderin. Postoperative course was uneventful, and no recurrence was observed at 12 months follow-up.

## DISCUSSION

Splenic tumors are relatively rare. They are mostly found during routine examination and imaging studies. Usually suspected splenic tumor is lymphoma when it is primary, and it is also the most common malignant tumor of spleen. Benign lesions of spleen such as hemangiomas and angiomas are seen less often than malignant lesions (1-3).

Inflammatory pseudotumor is a benign, reactive, and inflammatory process. IP is a rare entity which presents as a mass at various locations, including the respiratory tract, orbit, gastrointestinal tract and liver, however spleen is a rare location (1,4,5). First two cases of splenic IP were reported by Cotelingam and Jaffe in 1984 (6). Less than 100 cases have been reported in the literature until today. Vaughan presented a case of mesenteric IP in a teenager as a cause of abdominal pain (7).

Etiopathogenesis of IP still remains unknown but infection, vascular disease and immune disorders are blamed for causing IP. Presence of granulomas and giant cells increases suspect of infection as a cause. Some cases were reported to be due to Epstein-Barr virus (EBV)



**Figure 2:** Magnetic resonance imaging demonstrating a sharply demarcated, hypointense mass in the spleen. The mass was predominantly hypointense on T1-weighted axial (A) and T2-weighted axial (B) and coronal (C) images. Fat saturated T2-weighted image revealed no fat content (D).

positive inflammatory follicular dendritic cell (FDC) tumors (8). As explanation of vascular hypothesis, intraparenchymatous hemorrhage secondary to trauma and coagulopathy was blamed for the formation of lesions. Cotelingam and Jaffe suggested the main initial event may have been a focal paranchymal necrosis with hemorrhage (6). High content of plasma cells in lesions supports immunological hypothesis. Takamoto assumes the mass resulted from the process of inflammation from cytokine induced by EBV infection (2).

IPs of spleen shows some resemblance to granulation tissue. IP should be distinguished from the IP like FDC tumor, which is consistently associated with EBV, and inflammatory myofibroblastic tumor (2).

Although recent advances in imaging studies, the exact diagnosis of focal splenic lesions may only be made after pathological examination of the spleen. Abscess, hemangioma, angiosarcoma, malignant lymphoma and hamartoma should always be considered in the differential diagnosis (9). The most commonly used imaging studies are computed tomography, ultrasonography and magnetic resonance imaging. Despite the aid of these studies, differentiation of IP from lymphoma or hamartoma may not always be possible (10). IPs of spleen may demonstrate various imaging patterns. Ultrasonography might show a partially calcified, well-defined echogenic mass or hypoechoic discrete lesions. Computed tomography reveals a low

density mass in both unenhanced and enhanced studies. Magnetic resonance imaging might reveal a well-defined mass, isointense on T1-weighted images and hypointense or hyperintense on T2-weighted images with respect to the surrounding spleen (11).

Histopathological examination of needle biopsy specimen can reveal IP. But needle biopsy has uncertainty of detection of disease and complications such as hemorrhage and risk of metastases if mass is malignant. Therefore histological examination of resected specimens is the gold standard for diagnoses (9).

Laparoscopic splenectomy is the standard surgical procedure for management of most benign and malignant disease of spleen (3,12). This technique is well established and offers substantial advantages over the traditional open approach (13). Partial splenectomy was introduced for trauma and benign splenic diseases after recognition of fatal postsplenectomy sepsis. Partial laparoscopic splenectomy has the advantages of minimally invasive surgery and preservation of the immune function of the spleen (14). Uranues et al. reported that partial resection of the spleen is easier when done laparoscopically than with open technique (15).

In summary, preoperative diagnosis of IP is challenging and may be misdiagnosed as malignancy. Partial splenectomy may be sufficient for treatment. Laparoscopic surgery is proposed to be choice of treatment.

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